Performance Training Apps

Privacy Policy

Privacy policy for the Android and iOS Training Diary App.

The app will store your training programs and progress in a secure database stored on your device that only the Training Diary app can read and write to. Your settings are also stored on your device and only this app may use them.

The app will not share or transmit your data without your knowledge. You may share your training programs and progress via third party apps such as email clients and printer service apps.

Training Diary app does not contain any advertisements or tracking / analytics tools. Training Diary does not send any information to Performance Training Apps.